

JENNIFER BUCKLEY:

Jennifer Buckley is a Certified Youth Exercise Specialist (National Academy Sports Medicine) and a Certified Dance Fitness Instructor (Les Mills BodyJam) She has taught adult and youth classes in the Bedford area for three years. In 2013, she began volunteering for the Lane Elementary School Guidance Department and presented various interactive lessons using dance and music. It was from this work that the idea for GrooveWrx was born! In 2015, she founded GrooveWrx, an organization that develops youth empowerment fitness programming.

Jennifer is mother of two children in the Bedford school system and she has been an active volunteer with the BFC, BEST and other community organizations for more than 10 years. She has a B.S. in Corporate Communications from Ithaca College.